



# WATERBERG

# 1000

# PRAYER RUN

## 11 & 12 SEPTEMBER

**1000km Challenge accredited**

### RACE OPTIONS:

- 5km
- 10km
- 6 hour
- 12 hour
- 100km
- 24 hour
- 100 miles
- 30 hour

**Team Relays:  
6 hour & 100 miles**

Official timing chipped by  
WrightRace Timing

### ONLINE ENTRIES

<http://wrichtracetiming.co.za/>

A slightly different  
VIRTUAL VERSION also available  
WhatsApp : 084 899 8184 for more.

*Medals &  
Trophies up  
for grabs!*



Corner Thabo Mbeki dr & Limpopo street  
Modimolle | 0510 | 082 211 6078



***This is a 30 Hour Event with the following races and options of starting slots and cut offs or time limits:***

	<b><u>Race:</u></b>	<b><u>Start:</u></b>	<b><u>Finish:</u></b>	<b><u>Limit:</u></b>	<b><u>Fee:</u></b>
1)	30 Hour	Sat. 09h00	Sun. 15h00	30h	R600
2.1)	100 Miler (indiv.)	Sat. 09h00	Sun. 11h00	26h(161km)	R550
2.2)	100 Miler (team)	Sat. 09h00	Sun. 11h00	26h(161km)	R550
3)	24 Hour	Sat. 09h00	Sun. 09h00	24h	R550
4.1)	100Km (day)	Sat. 09h00	Sun. 05h00	20h	R450
4.2)	100Km (night)	Sat. 18h00	Sun. 14h00	20h	R450
5.1)	12 Hour (day)	Sat. 09h00	Sat. 21h00	12h	R450
5.2)	12 Hour (night)	Sat. 21h00	Sun. 09h00	12h	R450
6.1)	6 Hour (indiv.)	Sat. 10h00	Sat. 16h00	6h	R300
6.2)	6 Hour (indiv.)	Sat. 17h00	Sat. 23h00	6h	R300
6.3)	6 Hour (indiv.)	Sun. 09h00	Sun. 15h00	6h	R300
6.4)	6 Hour (team)	Sat. 10h00	Sat. 16h00	6h	R300
6.5)	6 Hour (team)	Sat. 17h00	Sat. 23h00	6h	R300
6.6)	6 Hour (team)	Sun. 09h00	Sun. 15h00	6h	R300
7)	10km Spring night	Sat. 19h00	Sat. 22h00	3h	R80
10)	5km Fun run	Sun.08h00	Sun.9h30	1.5h	R50

Relay events are ideal for schools, businesses, family groups, etc. as a team building event and some friendly rivalry against other teams.

Multiple races can be entered for to be run simultaneously, provided the start and end times of the shorter races is within the longer race's time schedules. Race results and trophies/medals, for all entered races, will be obtained.

**ENTRY FORM:**

FIRST NAME & SURNAME: .....

ID NR.: .....

AGE ON RACEDAY: ..... GENDER: M F

CELL NR.: .....

CITY/TOWN OF RESIDENCE: .....

***Indemnity***

- I am medically fit to run and fully understand that I enter at my own risk.
- I accept that the organisers, their sponsors, officials, timekeepers, hosts or any other individual or entity, related to the event, cannot be held responsible for any loss or injury during- or as a result of the event, or for any loss or damage of property at the venue, Modi Mall. This is not an ASA regulated event, and do not make use of ASA registration numbers, so I am not covered by the ASA medical insurance policy.

Signature: ..... Date: .....

**Individuals:**

**I am entering for:**

Race (i.e., 10km/100 Miler/6 hour / etc.)	Amount Paid
.....	R.....
.....	R.....
.....	R.....

**ENTRY FORM (Continue):**

**Relay Teams:**

ORGANISATION (if applicable):

.....

TEAM NAME: .....

**I am entering for:**

**Amount Paid**

***6 Hour Relay***

**R.....**

Preferred time slot

..... (see 6.4 to 6.6 above)

May consist of 3 – 6 members. Entry fee per team stays the same.

Member names and signatures

Captain .....

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**100 Mile Relay**

**R.....**

Consisting of 2 members.

Captain .....

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**DONATIONS R: .....**

**TOTAL PAYED: R.....**

**Payment information:**

**Members In Christ Church; ABSA Bank; Modimolle Branch.**

**Account nr.: 1100 491 113**

**NB: - Manual entries: Please E-Mail or WhatsApp your fully completed entry form, with proof of payment, in scanned or pdf format to: dbdacvn@gmail.com / 084 899 8184. Use your name as reference with the bank deposit.**

**- To download PDF entry forms, go to:**

<https://www.wrightracetiming.co.za/entryforms/>

**- To enter online, go to: <https://www.wrightracetiming.co.za/online-entry-form/>**

## **RACE RULES**

- 1) Online entries will close at 8pm on the Thursday evening of 9 September 2021.
- 2) On race day, manual entries will be accepted until 1h15 prior to the start of each race.
- 3) A race briefing will take place 1 hour prior to the start of each race. It is compulsory for all individuals and at least 1 member of each relay team to attend these briefings.
- 4) Medals to first 200 finishers (where applicable) as they finish. The rest can be collected or mailed as soon as new order arrived. Postage costs is for the entrant's account. Arrangements can be made for bulk courier to save costs.
- 5) Prize giving for winners will take place on Sunday, approximately fifteen minutes after completion of the 30-hour race at 15h00.
- 6) Cheques and Postal orders are not accepted
- 7) Monies are not refundable for non-participation in the event, and entries may not be exchanged.
- 8) Results will be available after the event on [www.wrightracetiming.co.za](http://www.wrightracetiming.co.za). Please be aware, if your timing chip is obscured, you may not receive correct readings on the results.
- 9) Timing chips are not to be bend and must be returned. It stays the property of Wright Timing Devices.
- 10) One official refreshment station will be on the circuit, but multi hour individual runners are allowed to have their own support table next to the circuit for support of special shakes, meals, etc.
- 12) If you exit the circuit, you must enter it again from the same point. Only acceptable points are, at the official check point, your personal support table and at the toilet facilities.
- 13) Unmarked officials will constantly be on the park to check if these, and other rules are abided by. This is a sport and event of honour and character, so no cheating will be tolerated.
- 14) If unsure about something you need to, or want to do, rather complete the round you are busy with and ask at the checkpoint for clarity.
- 15) The 100 miler and 30-hour runners are allowed 1 seconder at a time for support, especially during night-time. This is however regarded as a

courtesy and seconders may be requested from time to time to leave the circuit due to congestion, for example when the shorter races have started, and to maintain covid 19 protocols.

16) Kindly take special note of especially individual runners in the longer races and allow them the inner side of the circuit. They will run hour after hour, and sometimes reflexes shut down, so do speed past them if you can, but please don't do so to just go start walking in front of him/her. Kindly keep slightly right if you need to slow down, and even indicate that you are planning to do so.

17) The 100 miler and 100km entrants must complete the distance within their respective time limits, to qualify for trophies. They may stop once the distance is reached but can continue for the full time if wanting to see what distance they can cover.

18) We will do our best to light up the circuit for runners going through the night, but rather come prepared with a backup head- or waist light to be used in the event of a power outage or if you feel the light is insufficient. Generators will still be run to ensure non-stop timing and basic lighting at the checkpoint if an outage occur.

19) When reaching the full time of the race entered for, runners are to exit the circuit. The same when cut off times for the 10km and 5km has been reached.

24. Only fully completed rounds will count towards the official results.

25. All entrants are required to agree to the indemnity and to sign this on the entry form.

26. If race organisers feel capacity has been reached, entries can be closed off earlier. Proper notification will be given.

27. Please bear in mind that we would love a healthy long-term relationship with our host partners at the Modi Mall. Do not litter, use the designated bins provided.

27. A **WhatsApp group** will be created **for race related Q&A's and updates of pastor Daan's race**. If you need/want your name added, please give notice through to **084 899 8184**